

LET'S TALK: HEALTHY RELATIONSHIPS

7th Grade Curriculum
Presented by:



RAPE RESPONSE INC.
support, education & advocacy

Let's Talk About...

HEALTHY & UNHEALTHY
RELATIONSHIPS

HEALTHY vs UNHEALTHY

- *What's the difference?*
- *Why is it important to know?*
- *Healthy: Possessing or enjoying good health; a healthy body, mind, attitude, appearance and activities*



HEALTHY RELATIONSHIPS

- *Equality* - No one is more important than the other
- *Honesty & Open Communication* - Can talk about anything
- *Trust* - You can rely on this person
- *Individuality* - Can be yourself; have time alone
- *Respect* - Non-judgmental of other's opinions or beliefs
- *Safety* - Absence of any abuse

BOUNDARIES

Definition: Setting limits

Two types: Personal & Physical

- *First you have to know yours*
- *Then you must learn how to effectively communicate your limits or boundaries to others*



UNHEALTHY & ABUSIVE RELATIONSHIPS

Unhealthy:

- Not communicating
- Disrespectful
- Dishonest
- Feelings of being smothered
- Pressures the other to cross their boundaries



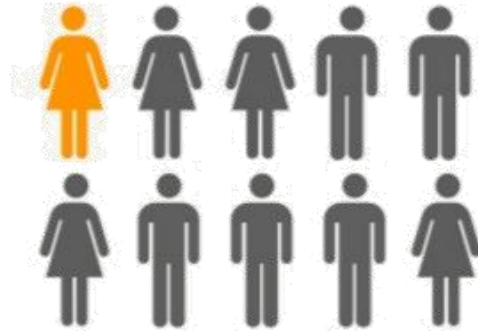
Abusive:

- Communicates abusively
- Intentionally disregards others feelings
- Extreme jealousy
- Doesn't take responsibility for actions
- Forces sexual activity

These are only a few of many examples

SEXUAL VIOLENCE

- Ages **12-34** are the highest risk years for rape and sexual assault
- About **70%** of all reported victims are under age 35



1 in 10 children will experience sexual abuse before the age of 18

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Let's Talk About...

CONSENT &

COERCION

WHAT IS CONSENT?

- *Permission*
- *Approval*
- *Hearing & saying "YES"*
- *Silence*  *Consent*

Consent is
**Active &
Ongoing**

Only YES
means YES;
anyone can
change their
mind

Consent requires
**Equal
Power**

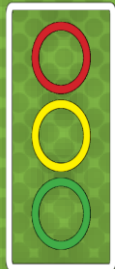
One does not
have more
power or
control than
the other

Consent is
Based on
Choice

Must feel
free to say
NO without
pressure or
consequence

Consent is a
Process

It should
be an
ongoing
discussion
with trust
& respect



STOP

CHECK IN...

GO!

How do you get
consent? **ASK!**

“Is this okay?”



- *Definition: Use of verbal force or threats to convince someone to do something*
- *It's NOT okay! It's just as unhealthy & harmful as physically forcing someone to do something*



**WHAT IS
COERCION?**

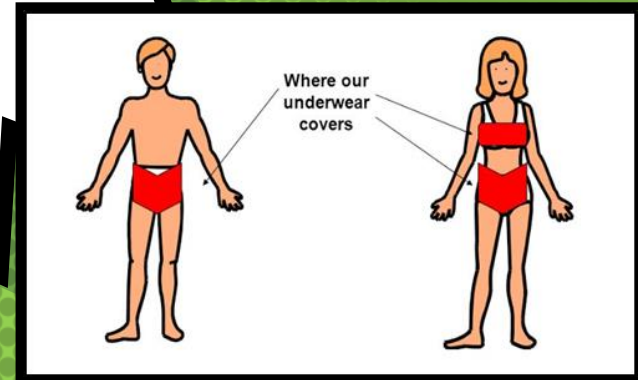
Let's Talk About...

LAW & **CONSEQUENCES**



SEXUAL BATTERY

Touching
someone on
their private
parts without
their **consent**



SEXUAL BATTERY

<i>GA Law</i>	<i>Offense</i>	<i>Definition</i>	<i>Punishment</i>
<i>O.C.G.A. §16-6-22.1</i>	<i>Sexual Battery</i>	<i>Physical contact with the intimate body parts of another without consent</i>	<i>Misdemeanor OR Felony: 1-5 Years if victim is <16</i>

RAPE

*Sex by force,
without **consent**,
whether you know
the person or not*

*Act of
Power &
Control*

ACQUAINTANCE RAPE OR DATE RAPE

*When someone you
know or someone
you are dating forces
you to have sex*



RAPE

<i>GA Law</i>	<i>Offense</i>	<i>Definition</i>	<i>Punishment</i>
<i>O.C.G.A. §16-6-1</i>	<i>Rape</i>	<i>Carnal knowledge of a female forcibly and against her will</i>	<i>Felony: 25 years to life</i>

CHILD MOLESTATION

*Committing any
sexual act to,
with, or in the
presence of
anyone under 16*

CHILD MOLESTATION

GA Law	Offense	Definition	Punishment
O.C.G.A. §16-6-4	Child Molestation	<p>Immoral or indecent act with, or in the presence of any child under 16, with intent to arouse perpetrator or child</p> <p>OR</p> <p>Uses an electronic device to send images of a person engaging in an immoral or indecent act to a child under 16 with intent to arouse perpetrator or child</p>	<p>Felony:</p> <p>5-20 years (1st offense)</p> <p>10-30 years (2nd offense)</p> <p>Misdemeanor: if victim is 14-16 and perpetrator is 18 or younger and there is less than 4 years age difference</p>

*STATUTORY
RAPE*

*Sexual
intercourse
with any
person
under 16*

STATUTORY RAPE

<i>GA Law</i>	<i>Offense</i>	<i>Definition</i>	<i>Punishment</i>
<i>O.C.G.A. §16-6-3</i>	<i>Statutory Rape</i>	<i>Sexual intercourse with a person under the age 16, not his/her spouse</i>	<i>Felony: 1-20 years in prison</i> <i>Misdemeanor: if victim is 14-15, the perpetrator is 18 or younger and there is less than 4 years age difference</i>

LEGAL?

OR

~~ILLEGAL?~~

17 years

15 years



LEGAL?
OR
ILLEGAL?

18 years

16 years

LEGAL?

OR

X ILLEGAL?

19 years

14 years

LEGAL?

OR

X ILLEGAL?

15 years

15 years



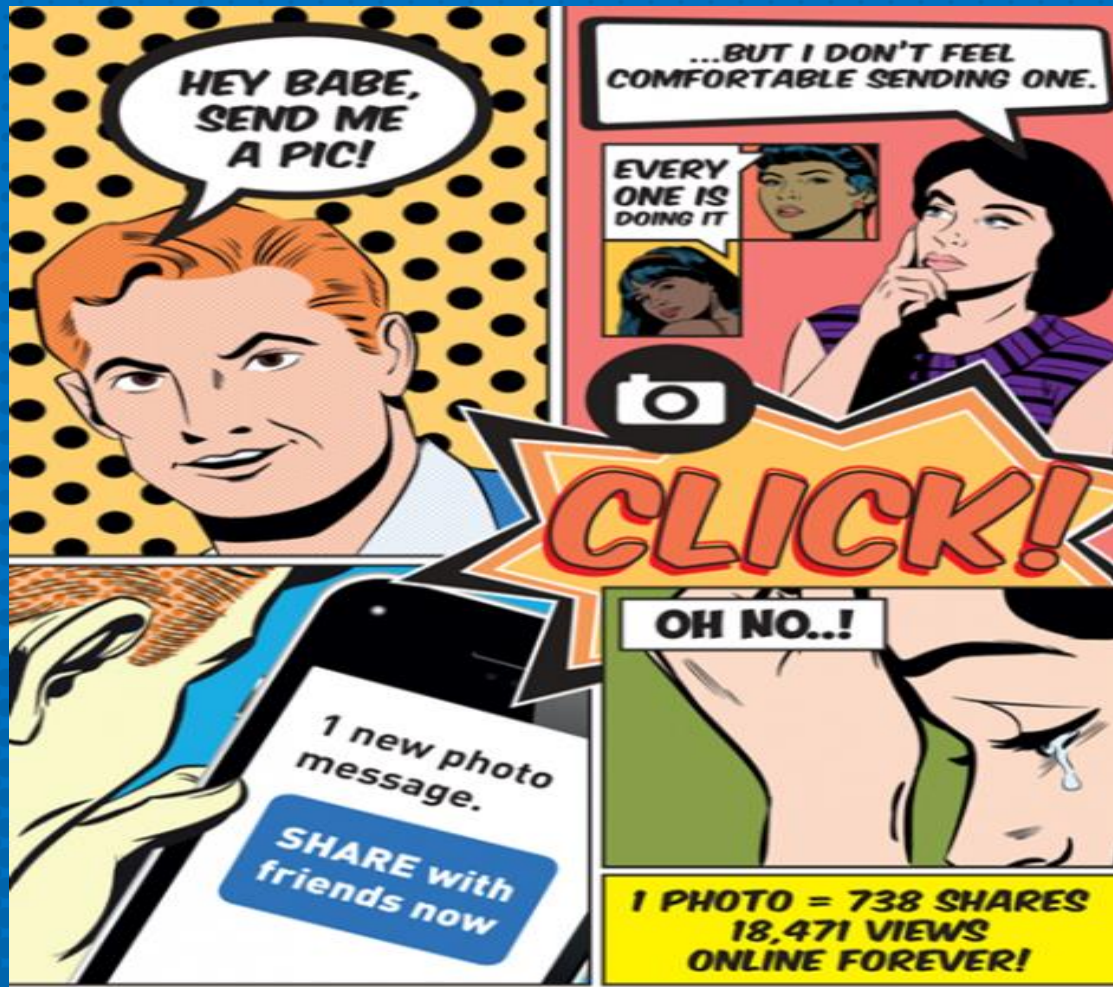
WHAT IS SEXTING?

Using a cell phone or other electronic device to distribute or receive pictures, videos or messages of a sexual nature

*A friend sends you a naked picture of themselves
Is this a big deal?*

*If under age 18,
your friend has
committed
3 crimes*

*Sending or receiving a sexual
text or image **under the age
of 18** is a crime; could be
charged with **manufacturing,
distributing and possessing**
child pornography*



RESPECT
THEM.

DON'T SEXT
THEM.



*EVERY 98
SECONDS*

*Someone in the U.S. is sexually assaulted
(about 35-40 people during this class period)*

BREAKING SILENCE TEEN TEXT LINE

706-765-8019

WWW.BREAKING-SILENCE.ORG

The logo consists of a horizontal rectangle divided into three equal-width vertical sections. The left section is magenta, the middle section is black, and the right section is blue. The words "Breaking Silence" are written across the rectangle in a white, bold, sans-serif font. The word "Breaking" is positioned over the magenta and black sections, while "Silence" is positioned over the black and blue sections.

Breaking Silence

Our text line is 100% confidential and serves as a way for you to get support about important relationship issues. We talk about break ups, cheating, and even abusive relationships. There's no such thing as a bad question! If you need to talk about anything regarding dating, please contact us.

ANY QUESTIONS?

Phone: 770-503-7273

Email: support@raperesponse.com

Website: www.raperesponse.com



*You can find us on Facebook at:
www.facebook.com/raperesponseinc*